## - PBPS CANTEEN MENU -

Tuesday - Friday

## Daily Options

Over the counter - These change daily and prices range from 20c to $\$ 5.00$

Fresh Fruit
Popcorn
Quesadillas
Dim Sims
Jelly Cups
Cakes/Muffins
Frittata
Yoghurt
Apple Slinky
Custard Cup
Garlic Bread \& cheese
Vegie cup - carrot/cucumber/hummus
Quiches
Pasta Cups
Noodle Cups
Biscuits
Rice Paper Rolls
Scrolls
Cheese Subs
Triangle Sandwich
Pineapple ring
Corn on the cob

## Sandwiches and Toasties

Choice of sauce (for sandwiches and wraps) - Whole egg mayo, basil mayo, sweet chili mayo, hummus, honey mustard, peri-peri

## Sandwiches

Wholemeal Bread \$2.50
Gluten free bread +
Ham/Chicken/Tuna + \$1.00
Lettuce, tomato, beetroot, cuc \$0.50
add Cheese
Vegemite Sandwich
add Toasted $\$ 0.30$
Banana Sandwich
\$3.00
Jam Sandwich \$3.00
Egg/Lettuce Mayo Sandwich $\$ 5.00$
Toasties
Any combination of:
Ham/tomato/cheese
Chicken/cheese

Burgers (lettuce, tomato, beetroot and cheese)
Chicken Burger $\$ 7.50$
Fish Burger $\$ 7.50$
Veggie Burger $\$ 7.50$

Hamburger $\$ 7.50$
Sauces - tartare, honey mustard, tomato or BBQ sauce, mayo, peri-peri, sweet chili, basil mayo

## Salad Box

Includes - lettuce, carrot,
tomato and cucumber
add cheese
Add egg, ham or chicken
$\$ 0.50$
\$1.00

[^0]| Daily Options (available on that day only) |  |
| :---: | :---: |
| Tuesday |  |
| Sushi - All | \$4.80 |
| Tuna and avocado, salmon and avocado, chicken teriyaki and vegie (all made with brown rice) - plain avocado |  |
| Japanese Mayo | \$1.00 |
| Fried Rice | \$6.00 |
| Hot Dog | \$4.00 |
| Hot Dog with cheese | \$4.50 |
| Chicken Teriyaki bowl with chicken, lettuce, rice, cheese and jap mayo | \$7.50 |
| Tuna Rice bowl with lettuce, tuna, ri cheese and jap mayo | \$7.50 |
| add seaweed paper | \$2.00 |
| Wednesday |  |
| Bacon and Egg roll | \$6.00 |
| Roast Chicken and Gravy roll | \$5.00 |
| Potatoes in Jacket | \$5.00 |
| with bolognaise sauce and cheese | \$5.00 |
| with baked beans and cheese | \$5.00 |
| with coleslaw | \$5.00 |
| Thursday |  |
| Macaroni cheese | \$6.50 |
| Lasagne | \$6.50 |
| Vegetarian Lasagne (GF) | \$6.50 |
| Chicken Tenders with sauce (equivalent to 3 chicken nuggets) | \$4.00 |
| Gluten free chicken tenders | \$4.00 |
| Spaghetti Bolognaise | \$6.00 |

## DAILY OPTIONS

| Jelly \& custard cups | $\mathbf{\$ 2 . 0 0}$ |
| :--- | :--- |
| Subs | $\$ 1.00$ |
| Noodles | $\$ 2.00$ |
| Quesadillas | $\mathbf{\$ 0 . 5 0}$ |
| Muffins | $\mathbf{\$ 2 . 0 0}$ |
| Cookies | $\$ 0.50$ |
| Ice block | $\mathbf{\$ 1 . 0 0}$ |
| Frozen Yoghurts | $\$ 3.00$ |
| Yoghurt | $\$ 2.00$ |
| Muesli Bar | $\$ 2.00$ |

## DAILY OPTIONS

| Fruit Cups | $\$ 1.50$ |
| :--- | :--- |
| Dim Sims | $\$ 0.50$ |
| Vegie Cups | $\$ 1.50$ |
| Pringles | $\$ 2.00$ |
| Popcorn | $\$ 0.50$ |
| Fruit Pieces | $\$ 1.00$ |
| Sandwiches | $\$ 5.00$ |
| Salads | $\$ 5.00$ |
| Cocktail Franks | $\$ 2.00$ |
| Frozen Pineapple | $\$ 2.00$ |


[^0]:    Veggie Pack - carrot stick, cherry tomato, capsicum, cucumber, cheese and hummus $\$ 5.00$ add cheese stick

